

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: SCWR

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lejeune Melanie

Coaches: Lejeune Yves HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:7, starttime: 15:04
Heat: 7/10 Lane : 7 Athlete: GRELLIER OSCAR					Q-time: 01:30:64
PB (25m pool): 01:30.64 Leuven 04/10/2026					PB (50m pool): 01:32.20 SB: 01:30.64 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.64		01:30.64	
	00:42.64		00:48.00		
					

Coach feedback:

Event number: 40: 100M BREASTSTROKE MEN 11-12					Heat:8, starttime: 15:06
Heat: 8/10 Lane : 4 Athlete: BEUSELINCK LIAM					Q-time: 01:25:04
PB (25m pool): 01:25.04 Leuven 04/10/2026					PB (50m pool): 01:30.58 SB: 01:25.04 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.25		01:25.04	
	00:40.25		00:44.79		
					

Coach feedback:

Event number: 41: 100M BREASTSTROKE WOMEN 15-16					Heat:4, starttime: 15:18
Heat: 4/5 Lane : 2 Athlete: VEDERNIKOVA VERA					Q-time: 01:17:51
PB (25m pool): 01:17.51 ARRAS 29/12/2025					PB (50m pool): 01:20.74 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.19		01:17.51	
	00:37.19		00:40.32		
					

Coach feedback:

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Event number: 41: 100M BREASTSTROKE WOMEN 15-16					Heat:5, starttime: 15:20
Heat: 5/5 Lane : 6 Athlete: GANSEMANS KESSY					Q-time: 01:16:90
PB (25m pool): 01:16.90 Vilvoorde 01/03/2026					PB (50m pool): 01:19.17 SB: 01:17.45 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.10		01:16.90	
	00:36.10		00:40.80		
					

Coach feedback:

Event number: 43: 200M FREESTYLE WOMEN 13-14							Heat:4, starttime: 15:38	
Heat: 4/5 Lane : 3 Athlete: MASAITE MILDA							Q-time: 02:18:80	
PB (25m pool): 02:18.80 Leuven 04/10/2026				PB (50m pool): 02:20.65 SB: 02:18.80 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.09		01:07.36		01:43.94		02:18.80
	00:32.09		00:35.27		00:36.58		00:34.86	
								

Coach feedback:

Event number: 44: 200M FREESTYLE MEN 13-14							Heat:2, starttime: 15:48	
Heat: 2/6 Lane : 4 Athlete: WAUTERS SACHA							Q-time: 02:21:18	
PB (25m pool): 02:28.86 Leuven 20/10/2024				PB (50m pool): 02:21.18 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.63		01:12.33		01:51.49		02:28.86
	00:34.63		00:37.70		00:39.16		00:37.37	
								

Coach feedback:

Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:3, starttime: 16:31
Heat: 3/10 Lane : 2 Athlete: GRELLIER OSCAR					Q-time: 01:23:80
PB (25m pool): 01:23.89 Leuven 04/10/2026					PB (50m pool): 01:23.80 SB: 01:23.89 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.62		01:23.89	
	00:41.62		00:42.27		
					

Coach feedback:

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Event number: 46: 100M BACKSTROKE MEN 11-12					Heat:8, starttime: 16:42
Heat: 8/10 Lane : 3 Athlete: BEUSELINCK LIAM					Q-time: 01:15:92
PB (25m pool): 01:14.32 Nijlen 18/10/2026					PB (50m pool): 01:15.92 SB: 01:14.32 Nijlen 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.36		01:14.32	
	00:36.36		00:37.96		
					

Coach feedback:

Event number: 47: 200M BACKSTROKE WOMEN 15-16							Heat:3, starttime: 16:56	
Heat: 3/4 Lane : 6 Athlete: GANSEMANS KESSY							Q-time: 02:26:13	
PB (25m pool): 02:26.13 Mons 26/10/2025				PB (50m pool): 02:32.43SB: 02:26.43 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.65		01:11.69		01:49.15		02:26.13
	00:34.65		00:37.04		00:37.46		00:36.98	
								

Coach feedback: